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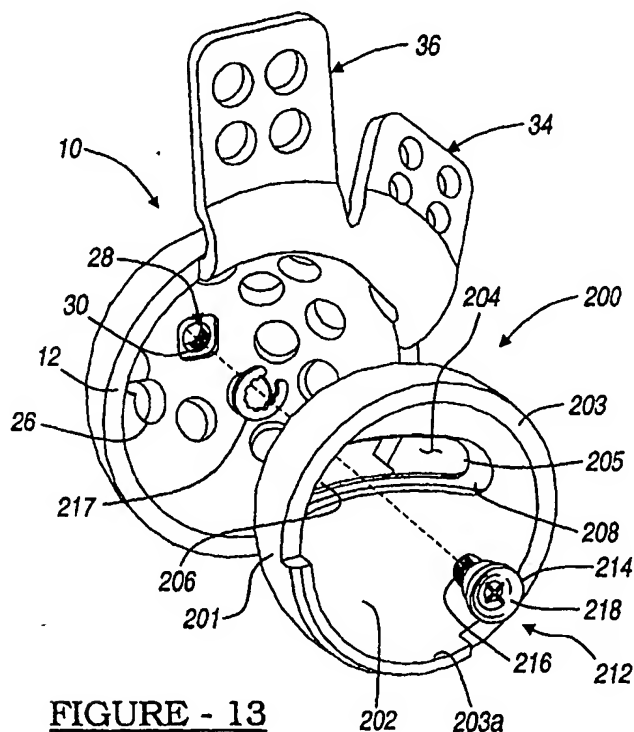
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(54) **Apparatus for acetabular reconstruction**

(57) A trial system for an acetabular prosthesis (10) is described. The acetabular prosthesis (10) is generally for implantation in an acetabulum (302) and surrounding pelvis (300). The acetabular prosthesis (10) includes an acetabular cup (12) having a substantially concave inner surface (16) and a substantially convex outer sur-

face (18). The described acetabular prosthesis (10) is especially useful in revision hip implant procedures where significant bone tissue loss has occurred either in or around the acetabulum (302) and/or the pelvis (300). A trial shell (200) is provided to trial a range of motion of the hip joint before implanting a prosthetic shell (320) into the acetabular prosthesis (10).



**FIGURE - 13**

## Description

### CROSS-REFERENCE TO RELATED APPLICATIONS

[0001] This application is a continuation-in-part of United States Patent Application No. 09/792,174 filed on February 23, 2001, entitled, "A METHOD AND APPARATUS FOR ACETABULAR RECONSTRUCTION," currently pending.

### TECHNICAL FIELD

[0002] This invention relates generally to a method and apparatus for use in orthopedic surgery and, more particularly, to a method and apparatus for trialing a modular acetabular prosthesis having various modular attachment components for use during an orthopedic surgical procedure.

### BACKGROUND

[0003] A natural hip joint may undergo degenerative changes due to a variety of etiologies. When these degenerative changes become so far advanced and irreversible, it may ultimately become necessary to replace a natural hip joint with a prosthetic hip. When implantation of such a hip joint prosthesis becomes necessary, the head of the femur, the acetabular, or both may need to be replaced. The head of the natural femur is first resected and a cavity is created within the intramedullary canal of the host femur for accepting the hip prosthesis. The hip prosthesis may be inserted and supported within the host femur by cementing the hip prosthesis within the host femur. Alternatively, the hip prosthesis may be impacted into the host femur so that it is snugly fit and supported by the host femur. If the acetabulum also needs repair, all remnants of articular cartilage are generally removed from the acetabulum and an acetabular prosthesis which will accommodate the head or ball of the hip prosthesis is affixed to the acetabulum. The acetabular prosthesis is affixed to the acetabulum by means of cement, screws or other appropriate fixation means.

[0004] Due to any number of reasons, however, a small portion of patients that undergo such orthopedic surgical procedures may require subsequent revision surgery to replace the prosthetic device with a new prosthetic device generally referred to as a revision prosthesis. One example of such a device is generally known as a protrusio cage.

[0005] In this regard, a revision acetabular prosthesis will generally include additional mounting points, such as integral extension members or hooks that provide additional stability for the revision acetabular prosthesis. These additional mounting points are generally required due to additional bone loss or defects exhibited at the acetabulum, such as collar/rim defects or pelvic discontinuity defects.

[0006] Various types of revision acetabular prostheses are currently available and different surgeons prefer different types of revision acetabular prostheses. Some surgeons prefer to use what is known as an ilium flange that is formed integral with the acetabular prosthesis and enables further securement of the acetabular prosthesis in the ilium region of the pelvis. Other surgeons prefer to use what is known as an obturator hook that is able to provide inferior fixation of the acetabular prosthesis by engaging the obturator foramen which is a large aperture adjacent the acetabulum. Because of this, a hospital must maintain a large inventory of different revision acetabular cups to meet the various surgeons' preferences. Moreover, the surgeon generally requires several revision acetabular cups available during surgery to account for any type of condition that may arise during the surgical procedure. This increased inventory of prosthetic devices increases the overall hospital costs and inventory control. Furthermore, by requiring the multiple revision acetabular cups to be available during the surgical procedure, multiple prosthetic devices must be sterilized prior to the surgical procedure, thereby increasing the surgical time, cost and complexity.

[0007] Regardless of the reason for the revision implant, or the use of the protrusio cage acetabular implant, the use of such a system requires first affixing the cage to the bone portion remaining in the patient and then affixing an acetabular shell or liner relative to the cage. The cage assists in reinforcing the bone structure of the patient, while the shell provides the bearing surface for the head of the femur or the ball of the implant.

[0008] The shell may be made out of any appropriate material, but is generally made of a ultra high molecular weight polyethylene. The shell is generally affixed into the protrusio cage with bone cement to complete the acetabular reconstruction. Because of this two piece system and type of attachment, however, it is often difficult for the surgeon to precisely implant the shell due to the relatively unconstrained possibilities of placing the shell in the protrusio cage. Moreover, there is not a way of fixing the shell within the protrusio cage before implanting the shell into the cage to test a range of motion of the hip joint after implantation into the shell.

[0009] Therefore, it is desired to provide a protrusio cage and shell implant that will allow a trialing of the hip joint through a range of motion before affixing the shell to the protrusio cage. Moreover, it is desired to provide a protrusio cage, which will allow for a trialing shell to be selectively and removably affixed to the implanted protrusio cage so that a hip joint may be trialed through a range of motion before affixing the implant shell. Presently, this is not possible because of the fixation required for the shell into the protrusion cage implant. Finally, it is also desired to provide a trial cage, that may be placed in the resected acetabulum to assure a proper orientation of the protrusio cage before implanting the final cage.

## SUMMARY OF THE DISCLOSURE

**[0010]** Disclosed is a method and system for trialing an acetabular reconstruction, including a protrusio cage and a trial shell before finally implanting a protrusio cage and a shell. Specifically, a trialing cage can be first trialed in the acetabulum to determine the proper orientation and deflection of the final cage to be implanted. Then a trialing cup may be trialed in the implanted cage to determine the proper orientation of the shell to assure enough clearance around the shell in the cage. The trialing shell can be selectively and removably affixed to the implanted cage to allow a physician to determine whether the shell is in the proper orientation. The shell may then be selectively arranged to allow different orientations of the shell to be trialed before implanting the shell in the cage.

**[0011]** A first embodiment provides a system to determine an alignment of a prosthetic bearing in an acetabular prosthesis. The system comprises a trial shell including a body having an interior and an exterior and a track extending between the interior and the exterior. An attachment mechanism selectively and operably interconnects the trial shell and the acetabular prosthesis. When the trial shell is operably interconnected to the acetabular prosthesis the trial shell is substantially immobile relative the acetabular prosthesis. The trial shell allows a determination of an appropriate alignment of the prosthetic bearing.

**[0012]** A second embodiment of provides an acetabular prosthesis system to replace an acetabulum that allows trialing for a shell component. The system comprises an acetabular prosthesis and a trial shell operable to be selectively oriented relative the acetabular prosthesis in at least two degrees of freedom. The trial shell trials at least one orientation by being selectively fixed in the at least one orientation relative the acetabular prosthesis.

**[0013]** A third embodiment provides an acetabular prosthesis system to replace an acetabulum that allows trialing for a shell component. The system includes a protrusio acetabular prosthesis and a trial shell operable to be selectively oriented relative the protrusio acetabular prosthesis in at least two degrees of freedom. The trial shell trials at least one orientation by being selectively fixed in the at least one orientation relative the protrusio acetabular prosthesis.

**[0014]** A fourth embodiment provides a system to trial and implant an acetabular prosthesis into an acetabulum. The system comprises a trial protrusio acetabular prosthesis, a protrusio acetabular prosthesis, and a trial shell. The trial shell is operable to be selectively oriented relative the protrusio acetabular prosthesis in at least two degrees of freedom. The trial shell trials at least one orientation by being selectively fixed in the at least one orientation relative the acetabular prosthesis.

**[0015]** Fifth embodiment is a method of implanting an acetabular prosthesis in an acetabulum and providing a

liner in the acetabular prosthesis in a predetermined orientation. The method comprises implanting the acetabular prosthesis. A trial shell is then disposed in the acetabular prosthesis. The trial shell is then oriented using at least two degrees of freedom in a first orientation. The trial shell is fixed in the first orientation. The presence of contact between the femur and the trial shell may then be determined.

**[0016]** A more complete appreciation of the present invention and its scope can be obtained from the following detailed description of the invention, the drawings and the appended claims.

## BRIEF DESCRIPTION OF THE DRAWINGS

**[0017]** The present invention will become more fully understood from the detailed description and the accompanying drawings, wherein:

Figure 1 is a rear perspective view of an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 2 is another rear perspective view of an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 3 is a rear elevational view of an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 4 is a rear plan view of an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 5 is a front plan view of an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 6 is a side perspective view of several acetabular spacer members for an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 7 is a bottom plan view of several acetabular spacer members for an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 8 is a top perspective view of several acetabular spacer members for an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 9 is a bottom perspective view of several acetabular spacer members for an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 10 is a front perspective view of two attachment spacer members for an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 11 is a top plan view of two attachment spacer members for an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 12 is a side perspective view of two attach-

ment spacer members for an acetabular prosthesis, in accordance with one embodiment of the present invention;

Figure 13 is an exploded perspective view of a trialing cup and a protrusio cage;

Figure 14 is an elevational view of a trialing cup;

Figure 15 is a cross-sectional view of a trialing cup;

Figure 16 is an elevated view of the trial cup held within a protrusio cage;

Figure 17a is a perspective view of a protrusio cage implanted in an acetabulum and a trialing cup in a first position;

Figure 17b is a protrusio cage implanted in an acetabulum and the trialing cup in a second position different from that illustrated in Figure 17a;

Figure 18 is an elevational view of a protrusio cage and implanted in an acetabulum and a trialing cup held therein;

Figures 19a-19c illustrate a trial of the range of motion of a hip joint after the trialing cup has been affixed in a first trialing orientation; and

Figure 20 is a perspective view of the protrusio cage and a cup being implanted after the trialing has occurred.

The same reference numerals refer to the same parts throughout the various Figures.

#### DETAILED DESCRIPTION OF THE EMBODIMENTS

**[0018]** The following description of the embodiments concerning a method and apparatus for providing a modular acetabular prosthesis for use in orthopedic surgical procedures, and trials therefore, are merely exemplary in nature and are not intended to limit the invention or its application or uses. Moreover, while the present invention is described in detail below with reference to performing a revision type implantation procedure, it will be appreciated by those skilled in the art, that the present invention is clearly not limited to only revision type orthopedic surgical procedures and may be used with various other orthopedic surgical procedures as well.

**[0019]** Referring to Figures 1-5, an acetabular prosthesis 10, according to a general embodiment, is shown. The acetabular prosthesis 10 includes a modified hemispherical acetabular cup 12. The acetabular cup 12 is said to be "hemispherical" in that it is not a perfect hemisphere; but rather, it includes an arcuate portion 14 extending along the periphery thereof without extending beyond the hemisphere of the acetabular cup 12.

**[0020]** The acetabular cup 12 is preferably constructed from any suitable biocompatible material, such as titanium, stainless steel, titanium alloy, cobalt-chrome-molybdenum alloy, and the like.

**[0021]** It should be noted that the acetabular cup 12 would normally also be associated with other components, such as a congruent shell or bearing liner (not shown) retained within the acetabular cup 12, via bone

cement or a ring lock (not shown), which are not depicted for purposes of clarity.

**[0022]** The acetabular cup 12 preferably includes a substantially concave inner surface 16 and a substantially convex outer surface 18, wherein the outer surface 18 is operable to be received in the acetabulum. The inner surface 16 may be either roughened or smooth, whereas the outer surface 18 may be smooth or roughened with a grit blast or a porous surface layer (not shown) to facilitate bone tissue in-growth.

**[0023]** An area defining an optional receptacle or groove 20 is located in at least a portion of the outer surface 18 of the acetabular cup 12. The groove 20 may include tapered end portions 22, 24. The groove 20 is located in proximity to a peripheral surface of the acetabular cup 12, and generally in the superior and posterior region of the acetabular cup 12. The exact purpose of the groove 20 will be explained later in detail.

**[0024]** The acetabular cup 12 may include at least one, and generally, a plurality of throughbores 26 located therein. It should be noted that the groove 20 is bisected by at least one of the throughbores 26. The throughbores 26 provide a number of functions, such as enabling fastening members (not shown) to pass through the acetabular cup 12. Additionally, the throughbores 26 provide for the infiltration of bone cement to improve adhesion, as well as providing for new bone tissue in-growth. At least one of the throughbores 28 includes a threaded surface 30 thereon for receiving an insertion instrument (not shown) for properly aligning the acetabular prosthesis 10 within the acetabulum. Throughbore 28 also includes a recessed area 28A which permits the insertion instrument (not shown) to securely engage the acetabular cup 12 and permits controlled rotation of same. It will be noted that any graft material and/or bone cement should preferably be placed into the acetabulum before securing the acetabular cup 12 thereto.

**[0025]** A more specific description of the typical installation of an acetabular prosthesis can be found in U.S. Patent Nos. 5,314,490; 5,326,367; 5,326,368; 5,702,477; 5,871,548; 5,931,870; and 6,162,257, the entire specifications of which are incorporated herein by reference.

**[0026]** The acetabular cup 12 preferably includes at least one, and more preferably, three substantially rigid attachment or extension members 32, 34, and 36 integrally formed with the acetabular cup 12 for fastening the acetabular prosthesis 10 to at least a portion of one or more surfaces of the pelvis (not shown), such as the ilium and/or the ischium. Preferably, attachment member 32 is used for attachment to the ischium, whereas attachment members 34 and 36 are used for attachment to various surfaces of the ilium (e.g., anterior and posterior).

**[0027]** Attachment member 32 is shown as being substantially triangularly shaped; however, it is envisioned that the shape may be altered to other configurations. It

will be noted that attachment member 32 has two distinct portions, i.e., a first substantially curved portion 32A originating from, and contiguous with, the inner surface 16 of the acetabular cup 12, and a second substantially planar portion 32B extending out from, and angling away from, the first portion 32A. The curvature profile may be modified to meet any anatomical requirements.

**[0028]** Attachment member 32 preferably includes at least one, and more preferably, a plurality of throughbores located therein. In this view, a throughbore 38 is provided in the curved portion 32A and another throughbore 40 is provided in the planar portion 32B. The throughbores 38, 40 provide a number of functions, such as enabling fastening members such as a surgical screw (not shown) to pass therethrough in order to allow the fastening member 32 to be secured to the ischium.

**[0029]** Attachment member 34 is shown as being substantially rectangularly shaped; however, it is envisioned that the shape may be altered to other configurations. It will be noted that attachment member 34 has two distinct portions, i.e., a first substantially curved portion 34A originating from, and contiguous with, the inner surface 16 of the acetabular cup 12, and a second substantially planar portion 34B extending out from, and angling away from, the first portion 34A. The curvature profile may be modified to meet any anatomical requirements.

**[0030]** Attachment member 34 preferably includes at least one, and more preferably, a plurality of throughbores 42 located therein. In this view, additional throughbores 42A and 42B are provided in the curved portion 34A. The throughbores 42, 42A, and 42B provide a number of functions, such as enabling fastening members such as a surgical screw (not shown) to pass therethrough in order to allow the fastening member 34 to be secured to at least a portion of a surface of the ilium.

**[0031]** Attachment member 36 is also shown as being substantially rectangularly shaped; however, it is envisioned that the shape may be altered to other configurations. It will be noted that attachment member 36 also has two distinct portions, i.e., a first substantially curved portion 36A originating from, and contiguous with, the inner surface 16 of the acetabular cup 12, and a second substantially planar portion 36B extending out from, and angling away from, the first portion 36A. Again, the curvature profile may be modified to meet any anatomical requirements.

**[0032]** Attachment member 36 preferably includes at least one, and more preferably, a plurality of throughbores 44 located therein. In this view, an additional throughbore 44A is provided in the curved portion 36A. The throughbores 44 and 44A provide a number of functions, such as enabling fastening members such as a surgical screw (not shown) to pass therethrough in order to allow the fastening member 36 to be secured to at least another portion of a surface of the ilium spaced away from attachment member 34.

**[0033]** The installation of the acetabular prosthesis 10

would be accomplished in any number of ways, as are currently known in the art. The surgeon would surgically prepare the acetabulum and surrounding pelvic area to receive the acetabular prosthesis 10. This preparation would typically include removing any debris (e.g., bone fragments, bone cement) from the acetabulum. The surgeon would then install an allograft, if necessary, and install bone cement, if necessary, into the acetabulum. The acetabular cup 12 would then be received into, and anatomically aligned with, the acetabulum. At least one fastening member, such as a surgical screw, would then be placed through one of the throughbores 26 and into the interior of acetabulum, thus securing the acetabular cup 12 to the acetabulum. The attachment members 32, 34, and 36 would then be secured to the ischium and ilium, respectively, with fastening members, such as surgical screws.

**[0034]** However, if the acetabulum and/or the surrounding pelvic structures have any significant defects present, the loading will be borne primarily by the allograft and/or bone cement material, as previously described. Therefore, it is desirable to have the surfaces of the acetabular prosthesis 10 actually abut against the respective surfaces of the acetabulum and/or the surrounding pelvic structures, as opposed to using allografts and bone cement to fill the gap therebetween. Because the acetabular prosthesis 10 is constructed of metallic material, it is much stronger than allografts and bone cement, and therefore is much more able to withstand the loads and forces associated with standing, walking, and running activities.

**[0035]** Therefore, the present invention may employ at least one augment or spacer member to compensate for the fact that the acetabulum and/or the surrounding pelvic structures may have defects therein which prevent the outer surface 18 of the acetabular cup 12 from contacting the surface of the acetabulum, and/or the outer surfaces 32C, 34C, and 36C, respectively, from contacting the respective surfaces of the pelvis, i.e., the ischium and the ilium.

**[0036]** The spacer members are preferably constructed from any suitable biocompatible material, such as titanium, stainless steel, titanium alloy, cobalt-chrome-molybdenum alloy, etc. and is preferably made of the titanium alloy Ti-6Al-4V.

**[0037]** Referring to Figures 6-9, several different types of acetabular spacer members 60, 62, and 64 for use with the outer surface 18 of the acetabular cup 12, according to the general teachings of the present invention, are shown. It should be noted that only one spacer member would generally be used at a time in practice; however, multiple spacer members may be used in some instances. For example, if there is a relatively small defect in the superior region of the acetabulum, acetabular spacer member 60 can be employed. If there is a larger defect, either acetabular spacer member 62 or 64 may be used. It is envisioned that either smaller and/or larger acetabular spacer members may also be

employed with the present acetabular prosthesis.

**[0038]** The acetabular spacer members 60, 62, and 64 may be substantially curved so that the lower surfaces 60A, 62A, and 64A, substantially conform to the curvature of the outer surface 18 of the acetabular cup 12. Additionally, the acetabular spacer members 60, 62, and 64 may include an area defining a substantially curved and raised appendage or ridge 66, 68, and 70 formed on the lower surface 60A, 62A, and 64A, respectively, thereof for mating, and more preferably, sliding engagement with the groove 20. Finally, each acetabular spacer member 60, 62, and 64 preferably has at least one throughbore 72. The throughbores 72 preferably include a threaded surface 74 thereon. It should be noted that the raised ridges 66, 68, and 70 are bisected by the respective throughbore 72.

**[0039]** The purpose of the raised ridges 66, 68, and 70, respectively, is to allow the respective acetabular spacer member 60, 62, or 64 to slidably mate with the groove 20 on the outer surface 18 of the acetabular cup 12. This allows the surgeon the option of positioning the respective acetabular spacer member 60, 62, or 64 practically anywhere along the length of the groove 20 to best deal with the particular acetabular defect in the superior-posterior region. For example, the acetabular spacer member 60, 62, or 64 can slide in a superior-posterior direction with respect to the acetabulum. It is also envisioned that the acetabular spacer member 60, 62, or 64 can slide in a medial direction, as well. Once the final position of the acetabular spacer member is determined, the surgeon can then secure the respective acetabular spacer member to the acetabular cup 12 by inserting a fastening member, such as a surgical screw, through one or more available throughbores 72 which generally aligns with one or more of the throughbores 26 which bisect the groove 20. The screw may extend upwardly through the acetabular cup 12 and into the respective acetabular spacer member, with the screw tip not extending past the upper surface of the respective acetabular spacer member. The modified acetabular prosthesis 10 can then be installed in the acetabulum, as previously described, such that the acetabular spacer member 60, 62, or 64 is disposed between the outer surface 18 of the acetabular cup 12 and the acetabulum.

**[0040]** Unfortunately, the use of acetabular spacer members 60, 62, or 64 alone is sometimes not enough to address each and every particular clinical situation. The use of the acetabular spacer members 60, 62, or 64 may address the defect in the acetabulum, but it may not address a defect in the surrounding pelvic structures, or alternatively, the use of the acetabular spacer members 60, 62, or 64 may alter the attachment point of the attachment members 32, 34 or 36 such that an undesirable gap is created between the respective outer surfaces 32C, 34C, and 36C and the pelvis.

**[0041]** Therefore, the present invention employs at least one other augment or spacer member to compensate for the fact that the surrounding pelvic structures

may have defects therein which prevent the outer surfaces 32C, 34C, and 36C of rigid attachment members 32, 34, and 36, respectively, from contacting the respective surfaces of the pelvis, i.e., the ischium and the ilium.

**[0042]** Referring to Figures 10-12, two different types of attachment spacer members 100 and 102 for use with the attachment members 32, 34, and 36, respectively, according to the general teachings of the present invention, are shown. It should be noted that more than one attachment spacer member can be used at one time in practice. For example, if there is a relatively small defect in the surface of the ischium, or attachment member 32 can not abut it, an attachment spacer member 100 or 102 can be employed. If there is a defect in the surface of the ilium (either anterior and/or posterior), or attachment member 34 or 36 can not abut it, an attachment spacer member 100 or 102 can be employed. It is envisioned that either smaller and/or larger attachment spacer members may also be employed with the present invention.

**[0043]** The attachment spacer members 100 and 102 generally have at least one flat surface 100A and 102A, respectively, for mating adjacently against the planar portions 32B, 34B, and 36B of attachment members 32, 34, and 36, respectively. The other surface of the attachment spacer members 100 and 102 may be either flat and parallel 100B or flat and non-parallel (i.e., inclined) 102B.

**[0044]** Each attachment spacer member 100 and 102 may have at least one throughbore 104. At least one of the throughbores 104 generally includes a threaded surface 106 thereon. The surgeon can then secure the respective attachment spacer member 100 or 102 to the outer surface 32C, 34C, or 36C, respectively, by inserting a fastening member, such as a surgical screw, through one or more available throughbores 104 which preferably aligns with one or more of the throughbores 40, 42, 44, respectively, in planar portions 32B, 34B, or 36B, respectively. The further modified acetabular prosthesis 10 then can be installed in the acetabulum, as previously described, such that the attachment spacer members 100 and/or 102 are disposed between the outer surface 32C, 34C, or 36C, respectively, of the planar portions 32B, 34B, or 36B, respectively, of the attachment members 32, 34, or 36, respectively, and the pelvis, i.e., the ischium and/or the ilium. Preferably, two diagonally opposed and spaced throughbores 104 are used to attach the attachment spacer member 100 and 102 to the outer surface 32C, 34C, or 36C, respectively, of the planar portions 32B, 34B, or 36B, respectively, of the attachment members 32, 34, or 36, respectively, and the pelvis, i.e., the ischium and/or the ilium. Bone screws (not shown) can then be inserted through the two diagonally opposed throughbores 104, and the aligned one or more of the throughbores 40, 42, 44, respectively, to secure the attachment members 32, 34, or 36, respectively, to the pelvis.

**[0045]** It should be noted that sometimes it is only nec-

essary to use the attachment spacer members 100 and/or 102 alone, instead of using them in conjunction with an acetabular spacer member 60, 62, or 64. In that scenario, it is beneficial that the groove 20 is employed in the outer surface 18 of the acetabular cup 12, as opposed to a raised appendage or ridge which may interfere with the proper alignment of the acetabular cup 12, or might irritate the acetabulum.

**[0046]** Although the acetabular prosthesis 10, also referred to as a protrusio cage or protrusio acetabular prosthesis, may be implanted using any number of methods, the acetabular prosthesis 10 is generally implanted after employing a particular trialing prosthesis. The trialing acetabular prosthesis generally resembles the acetabular prosthesis 10, but may be constructed out of a less substantial material than the acetabular prosthesis 10. The trial acetabular prosthesis may also differ from the acetabular prosthesis 10 by not having a porous coat or as many throughbores. The trialing acetabular prosthesis allows the acetabular prosthesis to be placed in the acetabulum to assure a proper size and fit before attempting to secure the acetabular prosthesis 10 to the pelvic area. In addition, a trialing acetabular prosthesis allows the physician to determine the appropriate spacers, if necessary, or a slightly augmented orientation of the various attachment members 32, 34, and 36. Moreover, trial attachment members may be bent or deflected to determine if the attachment members 32, 34, and 36 should also be bent before implantation.

**[0047]** Not only may a trialing component be provided for the acetabular prosthesis 10, but a trial shell or bearing liner 200 may also be provided. The trial shell 200 may be associated with the acetabular prosthesis 10 after it has been implanted to trial the appropriate position of the prosthetic shell (at 320 in Figure 20) before implanting the prosthetic shell. The prosthetic shell, substantially resembles the trial shell 200, save that the prosthetic shell is substantially solid and continuous.

**[0048]** With reference to Figures 13-15, the trial shell 200 generally include a shell that is substantially congruent to the acetabular cup 12 of the acetabular prosthesis 10. Thus, the trial shell includes an exterior 201 that is substantially convex that is substantially congruent with the acetabular cup 12. The trial shell 200 also includes an internal or shell recess 202, which is designed to substantially mate with either the ball of a femoral prosthetic or the head of a natural femur. Between the inner recess 202 and the exterior 201, and at a meridian of the trial shell 200, is a surface or wall 203. A raised ridge 203a may be provided on a portion of the wall 203.

**[0049]** Formed in and along an arc of the exterior 201 is a trial track or trial slot 204. The slot 204 passes substantially through the trial shell 200 and provides a passage from the exterior 201 to the internal recess 202. The slot 204 may reach substantially from a first side 205 to a second side 206 of the interior recess 202. The

slot 204 provides a channel that reaches substantially across the trial shell 200. The slot 204 generally defines a total arc about 60° to about 120°. Therefore, the trial shell 200 may have a range of motion of about 60° to about 120°. It will be understood that various different trial shells may include an arc having a different angle. The slot 204 is an orientation portion of the trial shell 200, as described further herein. The slot 204 provides an area for a trial screw 212 to be received. Furthermore, a depression or countersink 208 substantially surrounds the perimeter of the slot 204.

**[0050]** The trial screw 212 would generally include a head portion 214 and a threaded shank 216. The head portion 214 may define a substantially arcuate top portion 218. The head portion 214 is substantially received or is nested in the countersink 208. After placing the screw 212 into the trial shell 200, the screw 212 would not interfere with a head or ball portion of a femur (illustrated in Figure 19a-19c) since the head 214 rests within the countersink 208. The shank portion 216 is received through the slot 204 and may be held in place with a lock ring 217 or similar appropriate device. The trial shell 200, trial screw 212, and lock ring 217 form an assembly easily manipulated by a physician and eliminates a non-affixed component during the procedure. Once received through the slot 204, the threaded shank 216 may engage the threads 30 of the throughbore 28. The trial screw 212, when received through the slot 204 and tightened into the threads 30, would substantially not interfere with the inner recess 202. As mentioned above, the top portion 218 of the head 214 further defines the inner recess 202 or is substantially congruent therewith, such that when a head portion or ball portion of a hip prosthesis is inserted into the inner cup 202, the trial screw 212 does not interfere with movement of the head portion.

**[0051]** With reference to Figure 16, once assembled, the trial shell 200 may be affixed substantially fixed and motionless relative the acetabular cup 12. This is accomplished by passing the trial screw 212 through the slot 204 of the trial shell 200 and engaging the threads 30 with the trial screw 212. The trial screw 212 may then be tightened against the recess 208, formed in the trial shell 200, to hold the trial shell 200 in a predetermined selected position. In this position, the trial shell 200 is substantially immobile relative the acetabular cup 12. The trial screw 212 interacts with the threads 30 to provide an attachment or connection mechanism between the trial shell 200 and the acetabular cup 12. It will be understood, however, that other connection mechanisms may provide similar connections. For example a pin or removable rivet may be used to selectively fix the trial shell 200 in a selected orientation relative the acetabular cup 12.

**[0052]** The trial screw 212 may be loosened so that the trial shell 200 may be moved or adjusted and then reaffixed by tightening the screw 212 against the recess 208 of the trial shell 200. It will be understood that other

appropriate shapes or types of screws may be used as the trial screw 212. Furthermore, any appropriate tool may be used to manipulate the trial screw 212.

**[0053]** With reference to Figures 17a and 17b, the trial shell 200 may be positioned and fixed at a substantial plurality of orientations relative the acetabular prosthesis 10. For discussion purposes, the following axes are defined, nevertheless it will be understood that different references may provide different angles, but this will not alter the present discussion. A rim 240 of the acetabular cup 12 defines an acetabular cup plane A. The rim 203 of the trial shell 200 also defines a plane B. A third axis or axis of orientation C is defined by the shank 216 of the trial screw 212. It will be understood that the trial shell 200, when the trial screw 212 is loosened, may be moved along the slot 204 for its length and rotated substantially 360° around the trial screw 212. The various orientations of the trial shell 200 are relative the orientation axis C. The orientation axis C is also substantially defined by the throughbore 28 which is formed substantially at a pole of the acetabular cup 12.

**[0054]** One exemplary position will allow a negative angle  $\theta$ , specifically illustrated in Figure 17a. The angles given are in reference to the relative orientation of the planes A and B when in a pelvis 300. Particularly, the relative orientation of the interior portion of the plane B relative to plane A. Therefore, when the angle  $\theta$  is negative the trial shell plane B is below acetabular cup plane A. In this exemplary position, the trial screw 212 may be tightened to hold the trial shell 200 in place. With reference to Figure 17b, a separate or different exemplary orientation may provide a positive angle  $\alpha$ . It will be understood that these are merely exemplary of the many plurality of orientations the trial shell 200 may have relative the acetabular prosthesis 10 by loosening the trial screw 212 and moving the trial shell 200 relative the acetabular prosthesis 10. This allows the trial shell 200 to be orientated for trialing of the femur before fixedly implanting the prosthetic shell into the acetabular cup 12 after implanting the acetabular prosthesis 10.

**[0055]** An exemplary method for using this system as disclosed herein, provides a method to both trial the acetabular prosthesis 10, with a trial acetabular prosthesis or protrusion cage, and to trial the trial shell 200 for the prosthetic liner 320. Initially, however, an acetabulum 302 is prepared as generally known in the art, and generally includes removing any extraneous cartilage, loose bone debris or other material that would interfere with the implantation of the acetabular prosthesis 10. After properly preparing the acetabulum 302, a trial acetabular prosthesis or trial protrusion cage can be trialed in the prepared acetabulum 302. As discussed above, the trial acetabular prosthesis is substantially similar to the acetabular prosthesis 10 save that it may have a smooth outside as opposed to a porous coat and other minor differences. The trial acetabular prosthesis will help the physician determine the proper implant size and placement of any necessary spacers or if any of the

attachment members need to be repositioned, as by bending, before implanting the acetabular prosthesis 10. The physician may also determine a proper orientation using the trial acetabular prosthesis which is then mimicked when implanting the acetabular prosthesis 10. Once the physician has trialed the placement of the acetabular prosthesis 10, the appropriate spacers may be assembled and the proper orientation of the acetabular prosthesis 10 is easily determined. Then, the assembled components are implanted into the acetabulum 302 of the patient, including the acetabular prosthesis 10 in the appropriate orientation and the appropriate and necessary spacers, as illustrated in Figure 18. The acetabular prosthesis 10 may be implanted using any appropriate methods such as using fastening members such as screws, or other fixation means such as bone cement. The attachment members 32, 34, and 36 are also affixed to the appropriate portions of the ilium 303 and ischium 304 of the pelvis 300.

**[0056]** After the acetabular prosthesis 10 has been affixed in place, the trial shell 200 may be positioned in the acetabular cup 12 by placing the trial screw 212 through the slot 204 and engaging the threads 30 of the throughbore 28. Although the orientation axis C may be slightly different depending upon the individual into which the acetabular prosthesis 10 is implanted, the orientation axis C is generally does not lie on either the median plane or coronal plane of the patient. The trial shell 200 is oriented relative this orientation axis C by moving it along the slot 204 of the trial shell 200, as described above.

**[0057]** After the acetabular prosthesis 10 is implanted into the acetabulum, a first orientation of the trial shell 200 is chosen. The physician implanting the acetabular prosthesis 10 chooses a first orientation by placing the trial shell 200 at a desired orientation relative the acetabular cup 12 and fixing it in place by tightening the trial screw 212 against the recess 208 of the trial shell 200. After this occurs, the physician can determine whether an appropriate orientation has been chosen to allow range of movement for the hip joint. This is done by placing the head 308 of the femur 310 in place in the interior recess 202. The femur 310 is then moved through an appropriate range of motion to determine if the stem or neck 312 of the femur 310 engages any portion of the trial shell 200. It is generally desired to have a low or substantially no dislocation force when the femur 310 is moved through a general range of motion. If such a force were to occur the head 308 may dislocate from the inner recess 202. It will be understood that the head 308 may be a prosthetic head, a natural head, or a femoral replacement.

**[0058]** With reference to Figure 19A, the femur 310 may first be moved to a natural or neutral position. With reference to Figure 19B, the femur may then be moved to about 90° of flexion and taken through a range of internal rotation. And finally with reference to Figures 19C, the femur may be moved to about 30° of extension and



taken through a range of external rotation. It will be understood the femur 310 is generally moved fluidly and continuously from position to position. Also, a plurality of other specific positions may be trialed. In any of these positions, a contact between the femur 310 and the trial shell 200 may be felt or seen by the physician. Furthermore, a dislocation of the head from the trial shell 200 would also be ascertained. If the physician determines that the neck 312 of the femur 310 or the femur itself engages or contact a portion of the trial shell 200; or if the head 308 dislocates from the inner recess 202, the physician may attempt a different position of the trial shell 200. The trial shell 200 may be moved by first loosening the trial screw 212 moving the trial shell 200 to a different orientation, exemplarily illustrated in Figure 17a or 17b, and retightening the trial screw 212 to hold the trial shell 200 substantially fixed in the new position. The physician may then trial the hip joint by moving the femur 310 again through a range of motion to determine whether any portion of the femur 310 engages a portion of the trial shell 200 or if the head 308 dislocates from the trial shell 200.

**[0059]** When the physician determines the proper orientation has been selected, the physician may then note the orientation and position of the trial shell 200. This may be done through any appropriate method, such as marking the orientation on the trial shell 200 or noting the orientation of the trial shell 200. The trial shell 200 may also include demarcations on the exterior 201. These demarcations may be noted when the orientation of the trial shell 200 is selected. Similar demarcations may be included on the exterior of the prosthetic shell 320 and may be used to match the orientation of the prosthetic shell 320 to the selected orientation. Alternatively the demarcations may provide a reference for placing the prosthetic shell 320.

**[0060]** Therefore, after the appropriate orientation is selected, the femur 310 is again dislocated from the inner recess 202 and the trial screw 212 and trial shell 200 are removed from the acetabular prosthesis 10. This is performed by simply removing the trial screw 212 and then removing the trial shell 200 from the acetabular prosthesis 10. After this occurs, a prosthetic shell or liner 320 may be implanted into the acetabular prosthesis 10. The prosthetic shell 320 is placed into the acetabular prosthesis 10 according to the determined orientation of the trial shell 200. It will be understood, therefore, that the trial shell 200 and the prosthetic shell 320 generally are similar in size and shape. Although the trial shell 200 may differ if the differences are accounted for in the procedure, such as offset or roundness of the trial shell 200 compared to the prosthetic liner 320. The prosthetic shell 320 is then permanently affixed in place using an appropriate means, such as a bone cement. The bone cement substantially permanently affixes the prosthetic shell 320 in place, such that after the femur 310 is placed to engage the prosthetic shell 320, the shell 320 does not move.

**[0061]** Therefore, a proper orientation of the shell 320 may be determined before the shell 320 is implanted into the acetabular prosthesis 10. The trial shell 200 allows a selection of a proper orientation of the shell 320 using a removably fixation means, such as the trial screw 212. This allows the physician to trial several orientations of the trial shell 200 before permanently affixing, or substantially permanently affixing a shell 320 into the acetabular prosthesis. Therefore, the appropriate orientation of the shell can be determined more precisely and with substantially little error by using the trial shell 200.

**[0062]** The description of the invention is merely exemplary in nature and, thus, variations that do not depart from the gist of the invention are intended to be within the scope of the invention. Such variations are not to be regarded as a departure from the spirit and scope of the invention.

## Claims

1. A system to provide a determination of an alignment of a prosthetic bearing in an acetabular prosthesis, the system comprising:

a trial shell including:

- a body having an interior and an exterior defining an elongated track extending between said interior and said exterior; and

an attachment mechanism to selectively and operably interconnect said trial shell and the acetabular prosthesis;

wherein when said trial shell is operably interconnected to the acetabular prosthesis said trial shell is substantially immobile relative the acetabular prosthesis;

wherein said trial shell determines an appropriate alignment of the prosthetic bearing.

2. The system of claim 1, wherein the acetabular prosthesis includes:

an acetabular cup generally defining a portion of a hollow sphere and having a pole;  
at least one bore defined substantially near said pole; and

wherein said attachment mechanism engages said acetabular cup in said one bore.

3. The system of claim 2, wherein said track extends along said trial shell a distance between about 60 degrees and about 120 degrees.

4. The system of claim 2, wherein said trial shell is able

to move in at least two degrees of freedom, wherein first degree of freedom is rotationally around said pole, and  
wherein a second degree of freedom is along said track relative said pole.

5. The system of claim 1, wherein said attachment mechanism includes a member that extends through said track, wherein said member selectively engages said body.

6. The system of claim 1, wherein said attachment mechanism includes:

a member having an attachment end and an engagement end;  
the acetabular prosthesis including an attachment portion, wherein said attachment end of said member operably engages said attachment portion; and  
said trial shell defining an orientation portion, wherein said engagement end operably engages said orientation portion;

wherein said member operably interconnects said trial shell and the acetabular prosthesis allowing a plurality of selected orientations to be created.

7. The system of claim 6, further comprising:

a locking member adapted to engage said member;

wherein said locking member engages said member to operably couple said member and said trial shell.

8. An acetabular prosthesis system to replace an acetabulum that allows trialing for a shell component, comprising:

an acetabular prosthesis; and  
a trial shell operable to be selectively oriented relative said acetabular prosthesis in at least two degrees of freedom;

wherein said trial shell trials at least one orientation by being selectively fixed in the at least one orientation relative said acetabular prosthesis.

9. The acetabular prosthesis system of claim 8, further comprising:

a connection mechanism to selectively fix said trial shell relative said acetabular prosthesis.

10. The acetabular prosthesis system of claim 9, said acetabular cup includes a pole region;

said acetabular cup defines at least one bore near said pole region; and

wherein said connection mechanism selectively engages said acetabular cup in said bore.

11. The acetabular prosthesis system of claim 9, wherein said trial shell includes:

a body defines an exterior and an interior; and  
said body defines a track extending between said interior and said exterior;

wherein said connection mechanism includes a member that extends through said track;

wherein said member selectively engages said body.

12. The acetabular prosthesis system of claim 8, wherein said two degrees of freedom include a first rotationally around said pole and a second along said track relative said pole.

13. The acetabular prosthesis system of claim 9, wherein said connection mechanism includes:

a member having an attachment end and an engagement end;  
said acetabular prosthesis including an attachment portion, wherein said attachment end of said member operably engages said attachment portion; and  
said trial shell defines an orientation portion, wherein said engagement end operably engages said orientation portion;

wherein said member operably interconnects said trial shell and the acetabular prosthesis allowing a plurality of determined orientations to be created.

14. The acetabular prosthesis system of claim 13, wherein said member includes a screw having a threaded shank and a head portion;

said attachment portion includes a thread formed in said acetabular prosthesis;

wherein said threaded shank and said attachment portion cooperate to draw said head portion against said trial shell such that said head portion applies a force great enough to fix said trial shell in a predetermined orientation.

15. The acetabular prosthesis system of claim 8, further comprising:

a shell;

wherein said shell is affixed relative said acetabular prosthesis substantially in said at least

- one orientation of said trial component.
16. The acetabular prosthesis system of claim 8, further comprising:
- a trial acetabular prosthesis, wherein said trial acetabular prosthesis operably engages the acetabulum to determine an orientation of said acetabular prosthesis.
17. An acetabular prosthesis system to replace an acetabulum that allows trialing for a shell component, comprising:
- a protrusio cage; and
- a trial shell operable to be selectively oriented relative said protrusio cage in at least two degrees of freedom;
- wherein said trial shell trials at least one orientation by being selectively fixed in the at least one orientation relative said protrusio cage.
18. The acetabular prosthesis system of claim 17, further comprising:
- a connection mechanism to selectively fix said trial shell relative said protrusio cage.
19. The acetabular prosthesis system of claim 21, wherein said protrusio cage includes an acetabular cup that includes a pole region;
- said protrusio cage defines at least one bore near said pole region; and
- wherein said connection mechanism selectively engages said acetabular cup in said bore.
20. The acetabular prosthesis system of claim 18, wherein said trial shell includes:
- a body defining an exterior and an interior; and said body defines a track extending between said interior and said exterior;
- wherein said connection mechanism includes a member that extends through said track;
- wherein said member selectively engages said body.
21. The acetabular prosthesis system of claim 20, wherein said two degrees of freedom include a first rotationally around said pole and a second along said track relative said pole.
22. The acetabular prosthesis system of claim 20, wherein said interior defines a counter-bore, wherein said member is nestable in said counter-bore.
23. The acetabular prosthesis system of claim 17, further comprising:
- a trial protrusio cage to trial at least one orientation for said protrusio cage.
24. The acetabular prosthesis system of claim 17, further comprising:
- a shell;
- wherein said shell is affixed relative said protrusio cage substantially in said at least one orientation of said trial shell.
25. The acetabular prosthesis of claim 18, further comprising:
- a lock mechanism, wherein said lock mechanism operably couples said attachment mechanism to hold said attachment mechanism relative said trial shell before said attachment mechanism engages said protrusio cage.
26. A system to trial and implant an acetabular prosthesis into an acetabulum, comprising:
- a trial protrusio acetabular prosthesis;
- a protrusio acetabular prosthesis; and
- a trial shell operable to be selectively oriented relative said protrusio acetabular prosthesis in at least two degrees of freedom;
- wherein said trial shell trials at least one orientation by being selectively fixed in the at least one orientation relative said acetabular prosthesis.
27. The system of claim 26, further comprising:
- an attachment member extending from said trial protrusio acetabular prosthesis; and
- an attachment member trial spacer adapted to cooperate with said attachment member to determine an alignment of said trial protrusio acetabular prosthesis;
- wherein said protrusio acetabular prosthesis is implanted substantially in said determined alignment.
28. The system of claim 26, further comprising:
- a connection mechanism to selectively fix said trial shell relative said protrusio acetabular prosthesis.
29. The system of claim 28, wherein said trial shell includes:

a body having an exterior and an interior defining an elongated track extending between said interior and said exterior;

wherein said connection mechanism includes a member that extends through said track;  
wherein said member selectively engages said body.

30. The system of claim 29, wherein said two degrees of freedom include a first rotationally around said pole and a second along said track relative said pole.

31. The system of claim 29, wherein said interior defines a counter-bore, wherein said member is nestable in said counter-bore.

32. The system of claim 26, further comprising:

a shell;

wherein said shell is affixed relative said protrusio acetabular prosthesis substantially in said at least one orientation of said trial shell.

33. A method of implanting an acetabular prosthesis in an acetabulum and providing a liner in the acetabular prosthesis in a selected orientation, the method comprising:

implanting the acetabular prosthesis;  
disposing a trial shell in said acetabular prosthesis;  
orienting the trial shell with at least two degrees of freedom in a first orientation;  
fixing the trial shell in said first orientation; and  
moving the femur through a range of motion relative the trial shell.

34. The method of claim 33, further comprising:

placing a head extending from the femur in the trial shell;  
moving the femur through a range of motion while maintaining the head in the trial shell; and  
determining the presence of contact between the femur or neck and the trial shell.

35. The method of claim 33, further comprising:

placing a head extending from the femur in the trial shell;  
moving the femur through a range of motion while maintaining the head in the trial shell; and  
determining the whether dislocation of the head occurs during said moving the femur through a range of motion.

36. The method of claim 33, wherein when determining the presence of contact determines contact is present, further including:

providing the trial shell in a second orientation;  
fixing the trial shell in said second orientation;  
and  
determining the presence of contact between the femur on the trial shell.

37. The method of claim 33, further comprising:

implanting the liner in said first orientation when there is substantially no contact between the femur and the trial liner.

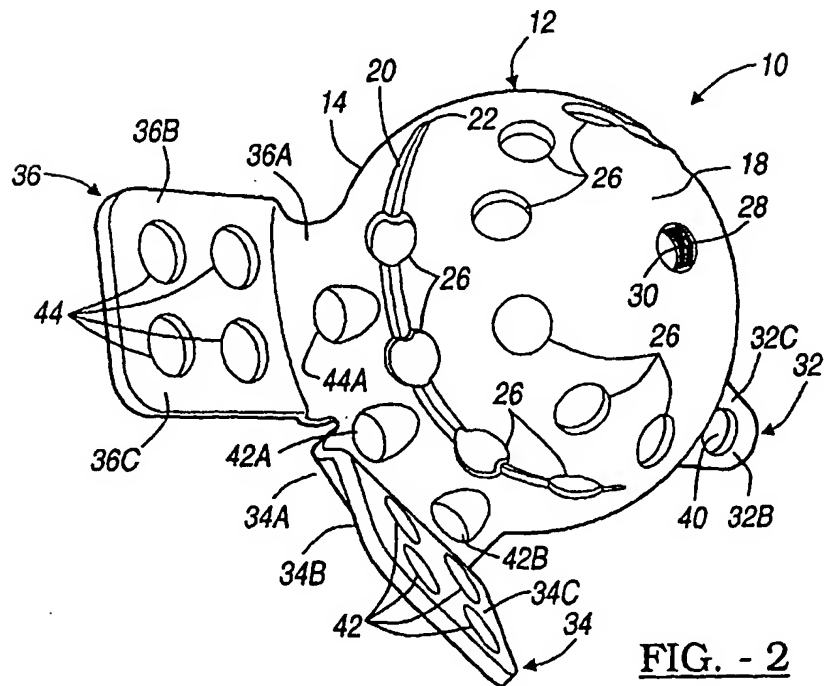
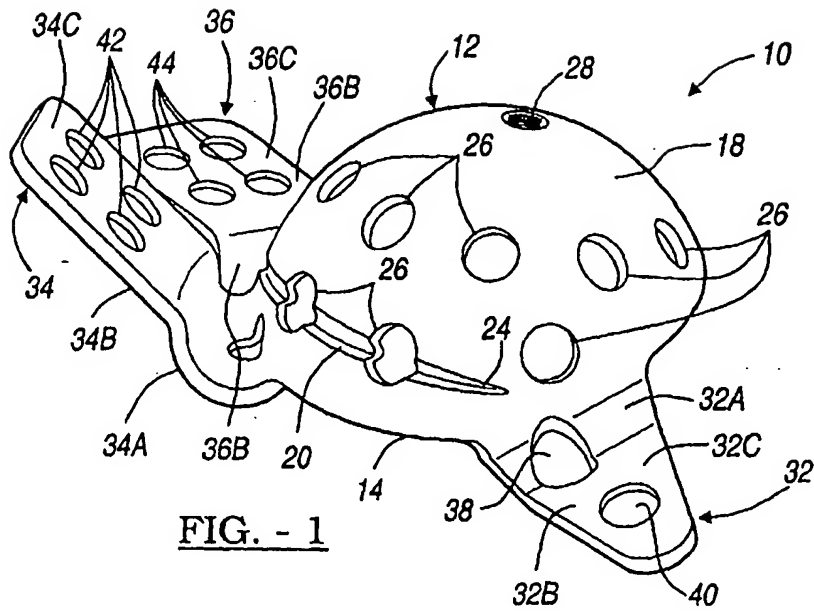
38. The method of claim 33, further comprising:

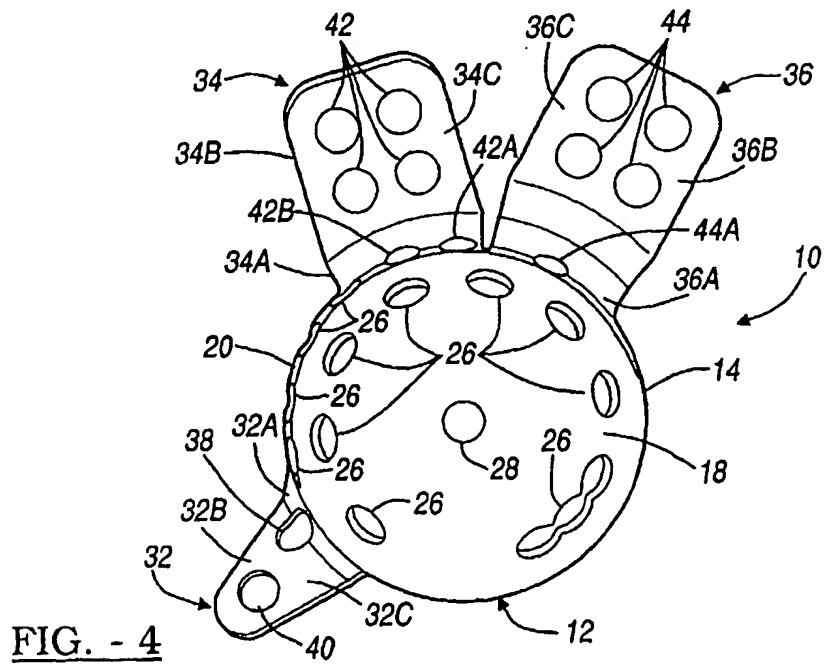
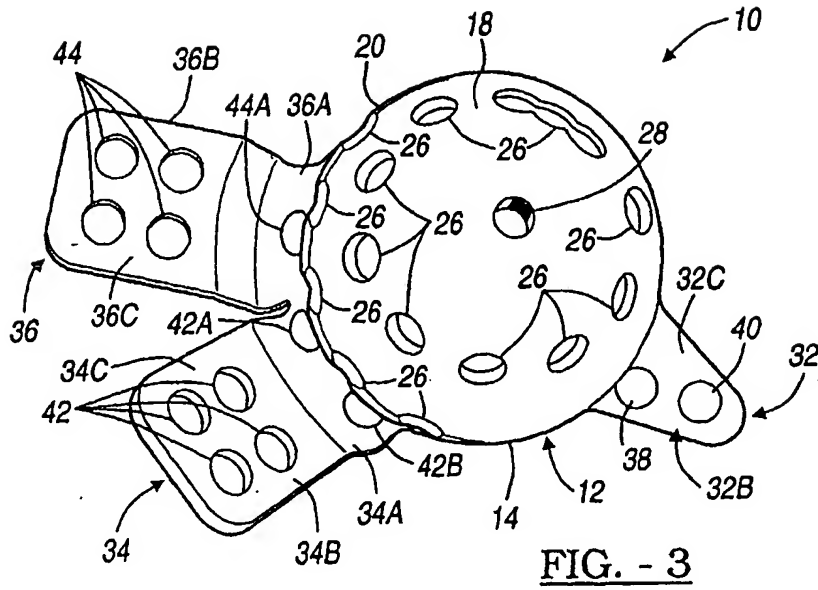
implanting the liner in an orientation determined by said trial shell, wherein said determined orientation includes a minimum of contact between the femur and the trial shell.

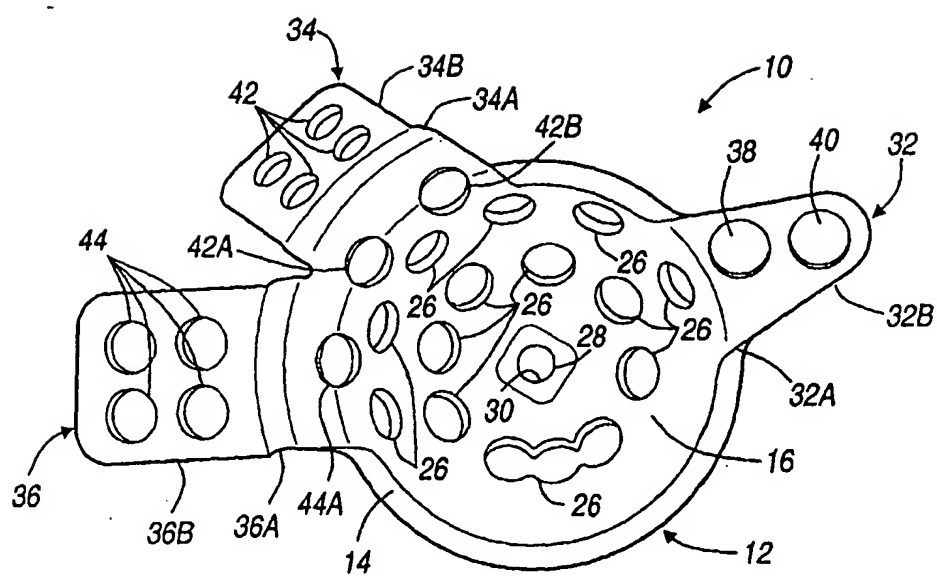
39. The method of claim 33, further comprising:

preparing the acetabulum;  
disposing a trial acetabular prosthesis in the acetabulum;  
determining a selected orientation of the acetabular prosthesis.

40. The method of claim 33, wherein implanting the acetabular prosthesis includes implanting a protrusio acetabular prosthesis.







**FIG. - 5**

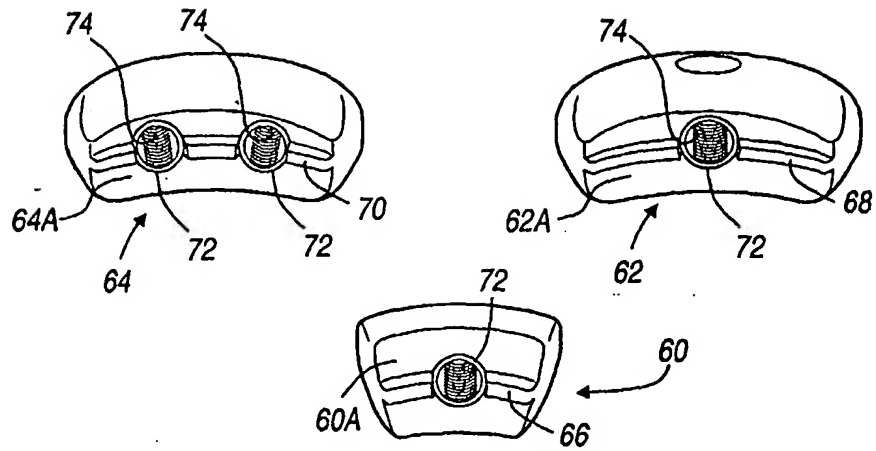


FIG. - 6

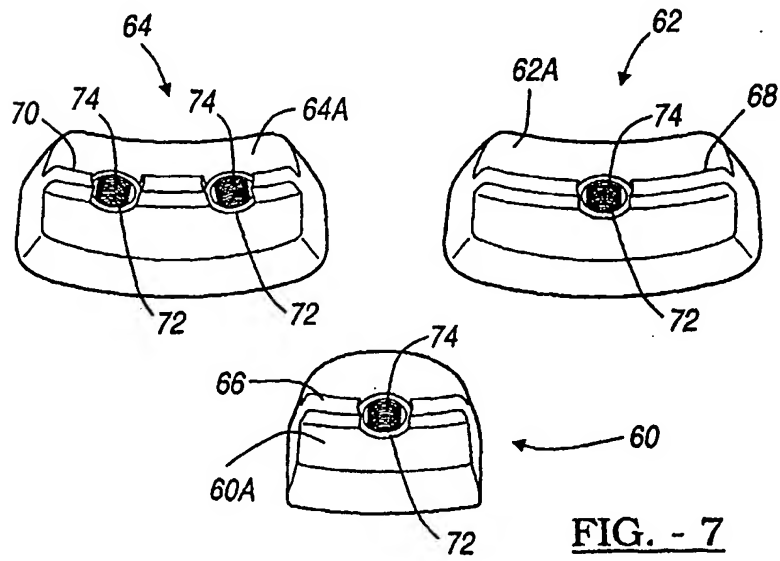


FIG. - 7



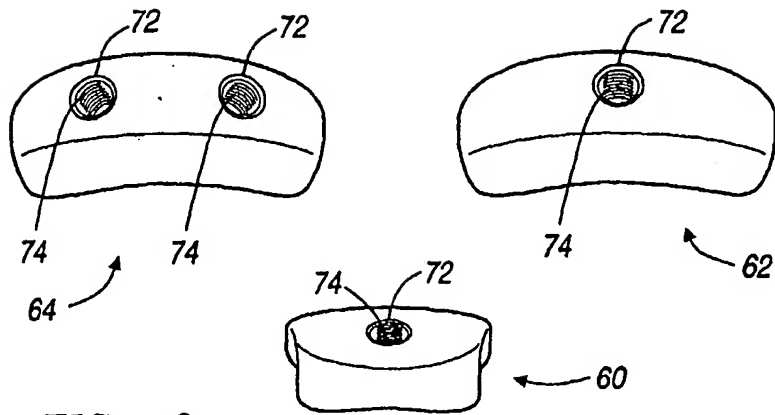


FIG. - 8

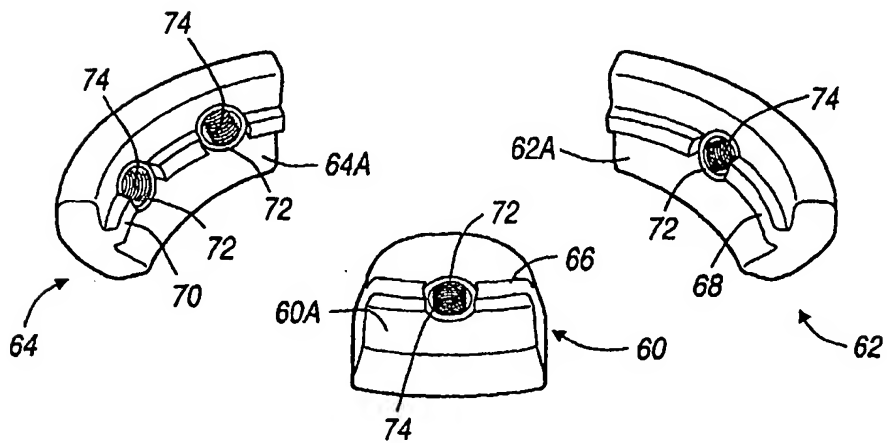


FIG. - 9

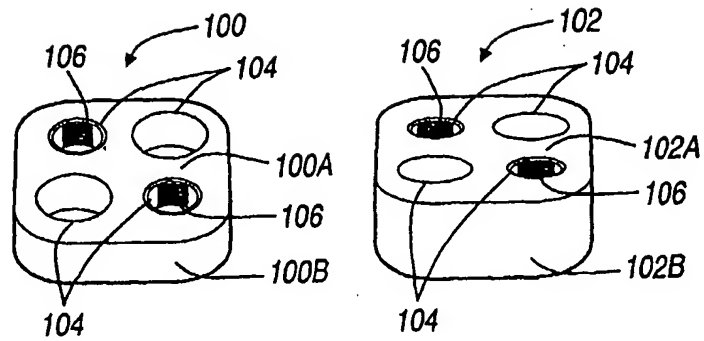


FIG. - 10

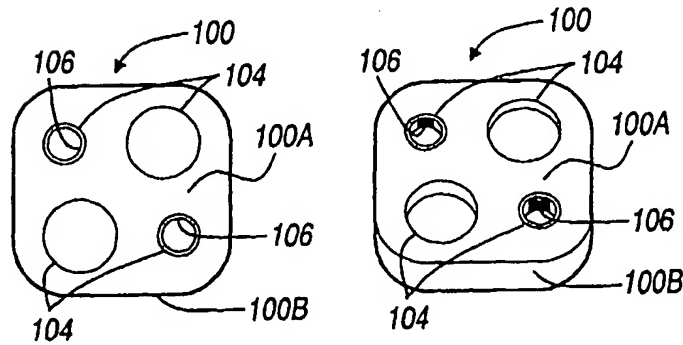


FIG. - 11

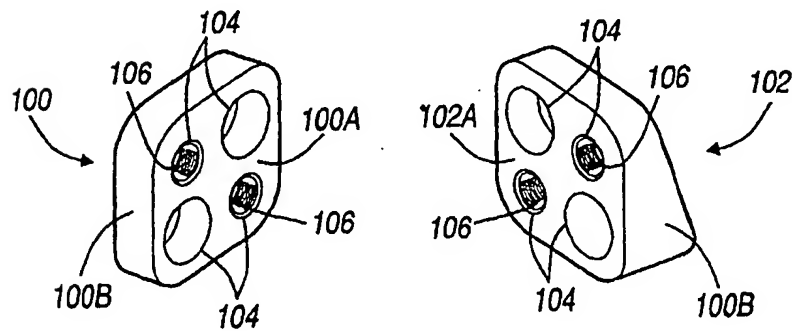
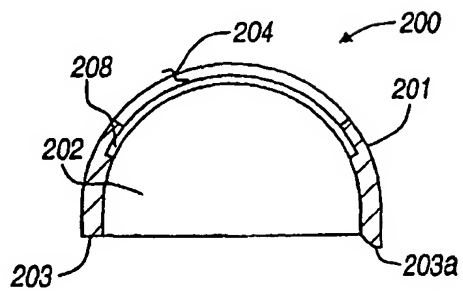
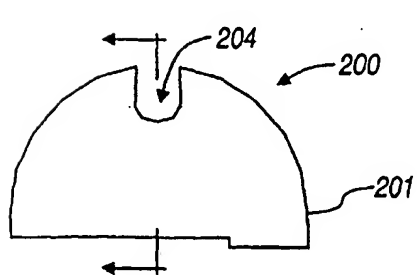
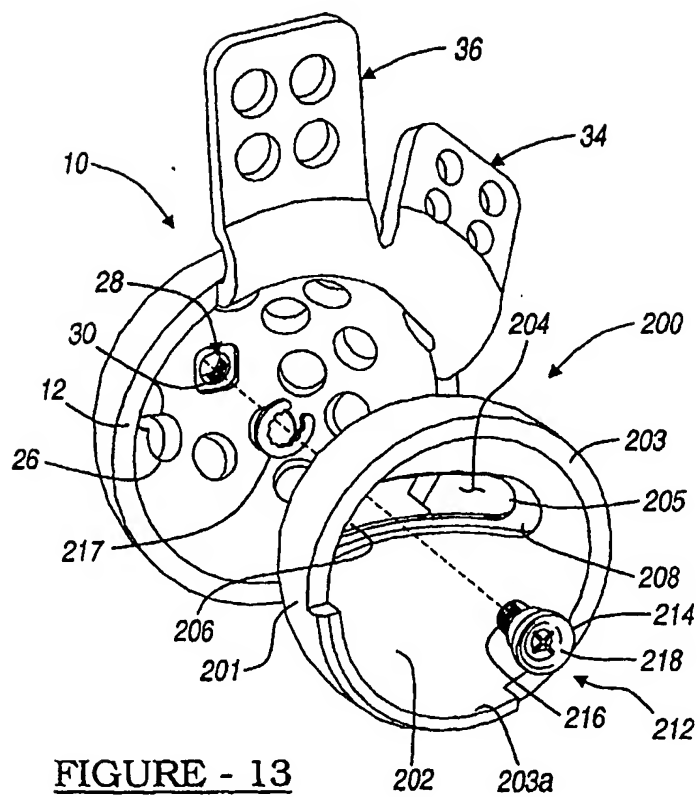
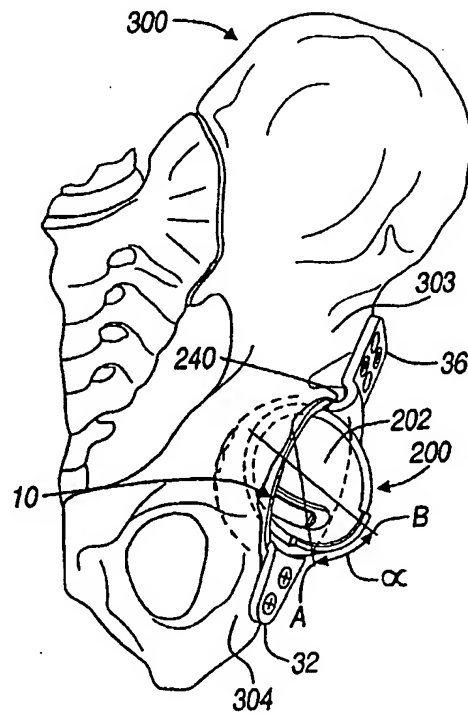
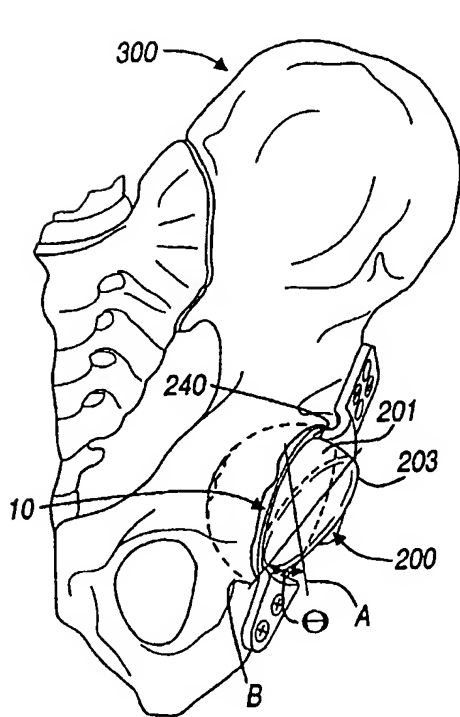
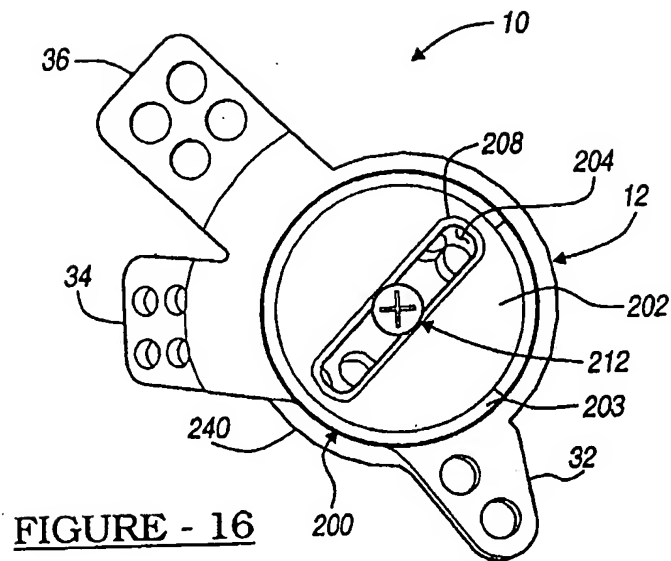


FIG. - 12





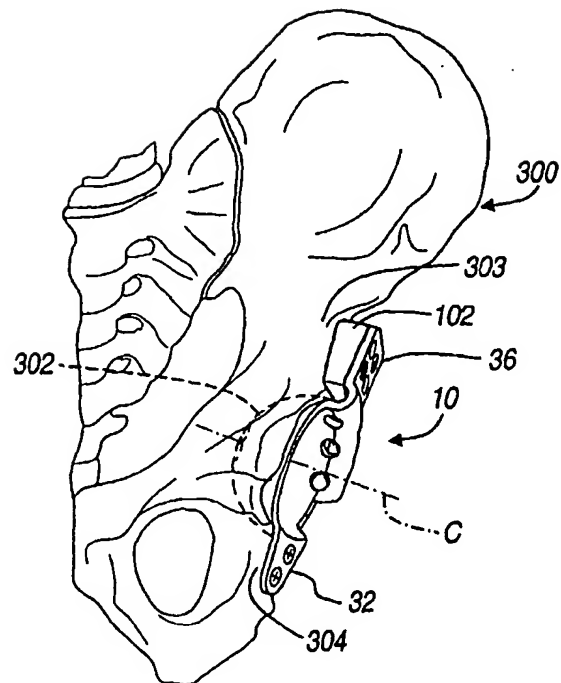


FIGURE - 18

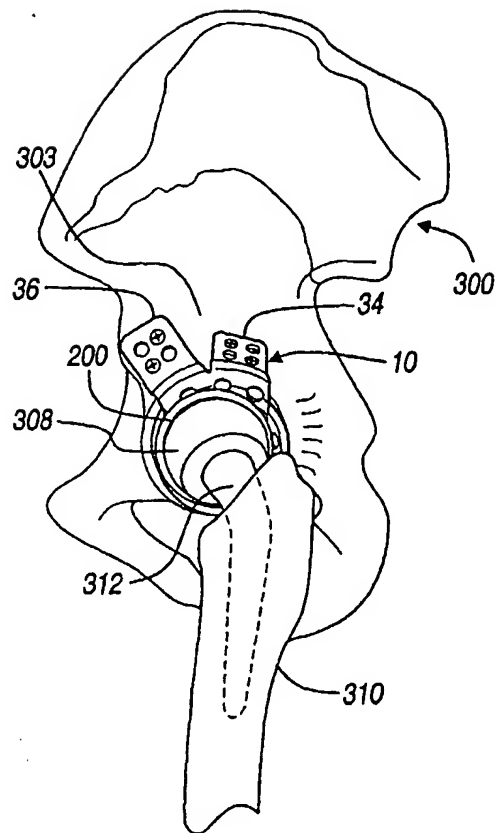


FIGURE - 19A

FIGURE - 19B

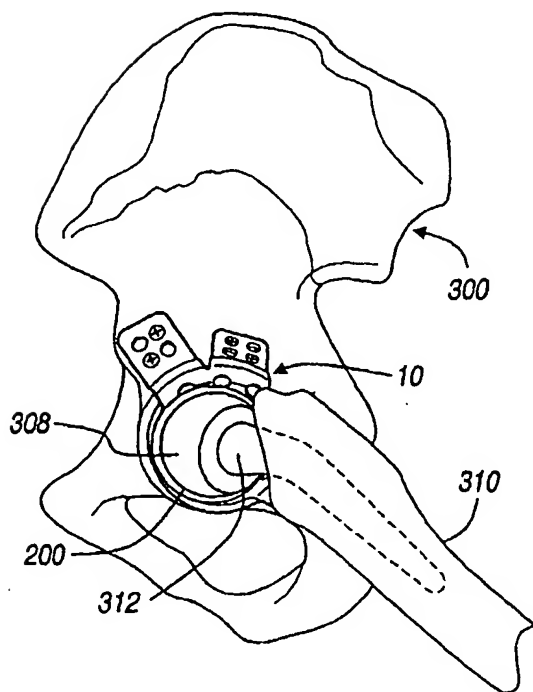
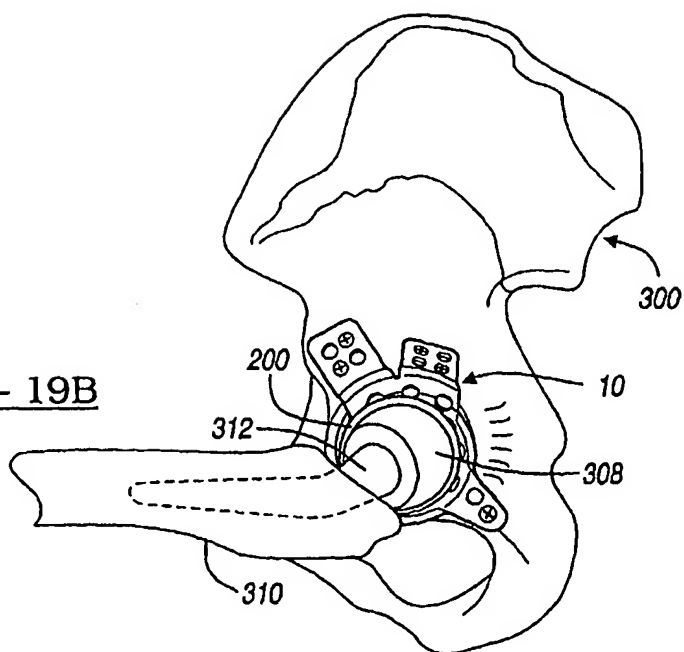


FIGURE - 19C

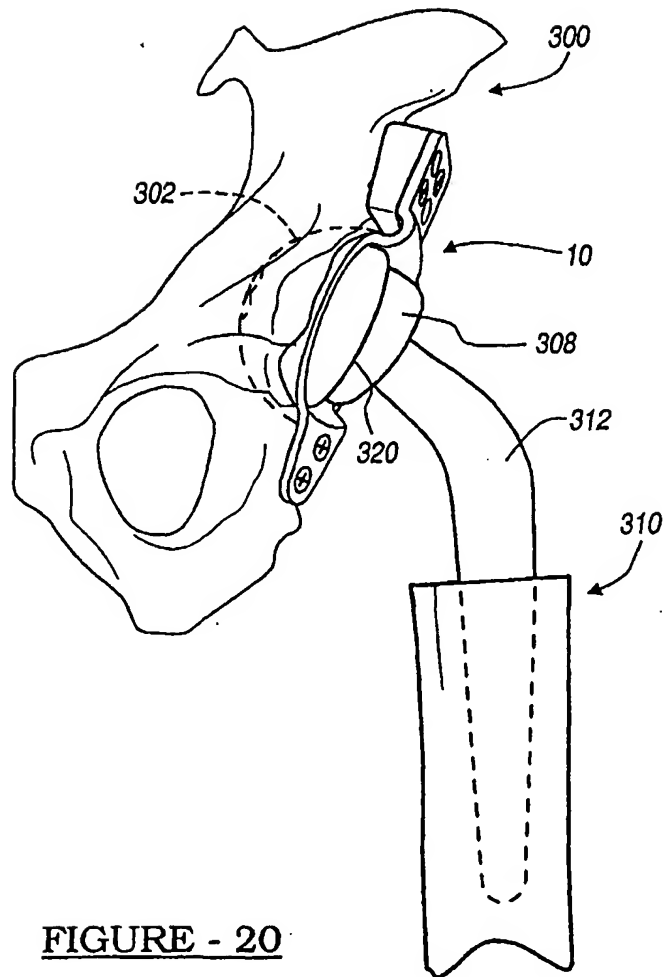


FIGURE - 20



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